the YMCA

YMCA OF SNOHOMISH COUNTY

EST. 2022

OVERNIGHT CAMP

AT YMCA CAMP CASEY



ADVENTURE AWAITS!

2027 GUIDE TO OVERNIGHT CAMP

GET STARTED AT YMCA.LINK/CASEY

OVERNIGHT CAMP OVERVIEW

ENTERING GRADES 1-12

The YMCA has been the leader in summer camp for over 130 years. Summer camp experiences are transformational! Campers will spend their time at camp building friendships and learning new skills through adventure and exploration, all while discovering the Y's values of caring, honesty, respect, and responsibility. There is no place like camp to discover who you are and the gifts you have to share.

CAMP GOALS

Achievement – Campers gain confidence and discover their strengths by trying new activities, stepping outside their comfort zones, and achieving new skills.

Relationships – Campers will make new connections and build lifelong relationships with other children, camp counselor role models and other caring adults, providing a true sense of belonging in a supportive, encouraging community.

Belonging – Finding a place to belong, campers will find a true sense of belonging through meaningful traditional and rituals that foster inclusion, acceptance and a strong camp community!





OUR STAFF

Counselors are carefully chosen for their maturity, strong values, and ability to be positive role models. Each counselor is assigned to a specific cabin, providing dedicated leadership, guidance, and a responsible, caring presence for every camper.

Camp has an onsite health station with dedicated Health Aides to support camper well-being. They provide basic first aid, assist with medication administration, and help ensure campers stay healthy and cared for throughout their time at camp.

All camp staff receive more than 60 hours of training, including CPR, first aid, child abuse prevention, water safety, camp fun, and more. Additionally, the YMCA performs background checks on all counselors and Y staff.



OUR CABINS

Campers and counselors join together in small, close-knit cabin groups by grades and gender. Here is where lasting friendships are formed, exciting adventures begin, big ideas are shared, and laughter fills the air. They eat together, play together, and spend most of the day together. Whether campers come alone to make new friends or with a couple of buddies, they'll leave with lasting friendships formed through shared fun and unforgettable moments.

Cabins accommodate 12-15 campers, depending on the age group. Each cabin is led by at least two camp counselors who stay with the campers and guide them throughout the day.



ACTIVITY OPTIONS

Arts & Crafts
STEM
Archery
Sports
Outdoor Education
Climbing Wall
Outdoor Cooking
Friendship Bracelets
Drama
Group Games
Tie-Dye
Gaga Ball
9 Square
Carpetball
Swimming
Giant Slides

THE SCHEDULE

7:00	Good Morning!
8:00	Breakfast
8:45	Morning Activities
12:00	Lunch
12:45	Rest Period
1:30	Afternoon Activities
6:00	Dinner
7:00	All Camp Activities
9:00	Ready for Bed and Cabin Reflections
10:00	Lights Out

*Times will vary based on age groups.

ACTIVITIES

Campers will enjoy a dynamic mix of activities each day! They'll choose 2 electives to attend daily, giving them the chance to dive deeper into what they love or try something new. Additional activities are done with their cabin or during choice time, offering campers a wide variety of experiences throughout the day.

Swimming is available multiple times a week at the onsite pool. Campers can choose to swim or participate in an alternative activity.





SESSION INFO

WHAT'S THE DIFFERENCE BETWEEN OUR SESSIONS?

All of our sessions include the same base elements: food, lodging, and activities. Campers stay in cabins with peers of similar age and participate in a variety of activities throughout the day, along with engaging evening programs.

2-Night Sessions (Entering grades 1-3): These sessions offer a chance to try camp without a full-week commitment. Campers stay Sunday-Tuesday or Wednesday-Friday, enjoy a sampling of activities, and are led by cabin counselors who guide all activities.

4-Night Sessions (Entering grades 2-9): These full-week sessions (Monday-Friday) give campers the opportunity to experience the full range of camp activities.

5-Night Sessions (Entering grades 2-11 including Leaders in Training): Not enough time at camp? This extended session (Sunday-Friday) includes all camp activities, plus an extra day for more in-depth experiences.

Financial assistance is available to help ensure everyone has the opportunity to attend camp.

Scan the QR code to Register, or visit: ymca.link/casey

LEADERS IN TRAINING

ENTERING GRADE 10



LITs will dive into all the classic camp activities they love while also honing crucial life skills like communication, problem-solving, and teamwork. Led by our seasoned camp leaders, LITs will receive training, mentorship, and the chance to shine as they help organize a special end-of-week event. Take the next step in your camp experience with fun, growth, and unforgettable memories!

Session Dates Available:
July 26-30
August 1-6
August 8-13

Scan the QR code to Register, or visit: ymca.link/casey

COUNSELORS IN TRAINING

ENTERING GRADE 11

CITs will take the next step into leadership and growth as they receive training and get to practice working with campers. As CITs pair with a younger cabin throughout the week, they will gain valuable experience in guiding and supporting campers, while building essential leadership skills and a strong foundation in child development. CITs will also receive training in activity facilitation and teamwork. It's the perfect way to take your camp experience to the next level, develop practical skills, and create lasting memories as you grow into a camp leader!

Dates: **July 11-23 (12-Night session)**

Scan the QR code above to Register, or visit: ymca.link/casey

EXPEDITION CASEY

ENTERING GRADES 9-11

Explore the beautiful PNW on this tech free adventure for teens entering grades 9–11 – a chance to unplug and truly connect with each other and themselves. Teens sleep in tents under the stars and set out each morning on guided day hikes to lakes, ridgelines, and forest viewpoints. Evenings bring them back to camp for dinner, activities, and reflection around the fire.

Dates: **July 5–9 & August 1–6**

Scan the QR code to Register, or visit: **ymca.link/casey**

CASEY CREW

ENTERING GRADE 12

Casey CREW gives teens entering 12th grade the chance to help bring the magic of camp to younger campers at YMCA Camp Casey's Overnight Camp. Paired with a cabin, CREW members step into the daily life of a camp leader – leading large and small group activities, helping at mealtime, supporting check-in and check-out, and seeing what it takes to run a day of camp. Along the way, they'll get guidance from staff, build meaningful connections, and gain the skills to succeed in future camp roles. It's perfect for teens who dream of joining camp staff someday.

CREW participants can choose to attend 1-3 camp sessions. The sessions available are:

July 5–9
July 11–16
July 26–30
August 1–6
August 8–13

Scan the QR code for the Registration form.



CAMP ASCEND

AGES 12 AND OLDER

Camp Ascend is an overnight camp experience for teens and adults with mild to moderate developmental or behavioral disabilities – set on the beautiful shores of Whidbey Island at YMCA Camp Casey. Campers will participate in traditional camp activities in a safe, inclusive, and supportive environment while providing meaningful respite for families.

CAMP DETAILS

18+ years: July 18–21 (3 nights)
Rate: $1100
12–17 years: July 21–23 (2 nights)
Rate: $750

Cost includes all meals, snacks, activities, art supplies, t-shirt, and memory book mailed home after camp.

ACTIVITIES: Swimming, crafts, music, climbing, archery, and traditional camp programs

STAFFING: 1:3 staff-to-camper ratio with trained counselors and an on-site nurse

ELIGIBILITY & REGISTRATION:
Campers must be able to independently manage feeding, dressing, toileting, and grooming. Families may bring a personal caregiver if 1:1 support is needed.

Registration is by application only:
1. Join the waitlist and complete the pre-registration form
2. Meet with a camp leader to confirm fit
3. Finalize enrollment through CampMinder

Payment options: Full pay, DDA provider funding, and campership scholarships available — no one will be turned away for lack of funds. To apply or learn more, visit ymca-snoco.org/financial-assistance.

Scan the QR code to learn more & register.

THE IMPACT OF CAMP

WHAT FAMILIES ARE SAYING

"There really are no words to describe the joy my kids experience at Overnight Camp. From the staff, fellow campers, food, and fun – they love it all. Having this unique opportunity to take a break from "normal life" and get to indulge fully in having fun and being a kid is like nothing I've ever personally experienced and I'm so grateful that my kids get to make these memories. "

"Overnight Camp was life changing for him. It was everything I had hoped it would be for him. Memories to last a lifetime!"

"They got to meet new kids and bond with them over camp week. They met adults who were cool and supportive. They got to be independent and make choices independent of their siblings/parents preferences. It's a one-week break from reality, which is so incredible for them. "



SAFETY

PROFESSIONAL ROLE MODELS
Camp staff are dedicated to providing a safe and wholesome environment for each camper. Camp staff are chosen for their maturity, strong values, enthusiasm, and ability to be positive role models for children.

STAFF TRAINING
Camp staff receive more than 60 hours in training. Training includes CPR, First Aid, child abuse prevention, emergency procedures, and water safety.

FACE CHECKS
Camp staff perform face checks and take attendance numerous times throughout the day and at every transition.

AUTHORIZED PICKUPS
Campers are released only to pre-authorized adults. Photo ID is required.

MEAL SAFETY
Camp meals are prepared with care to meet the nutritional needs of campers. Special dietary requirements and food allergies are taken into account, and proper food handling practices are followed.

RATIOS
Group sizes are kept small to ensure that every camper receives personalized attention. We maintain a maximum staff-to-camper ratio of 1:7, and campers will stay with the same group of peers and counselors throughout the week.

HAND WASHING
Campers and staff practice frequent handwashing with soap and water for at least 20 seconds. Campers will be required to wash their hands before and after meals, and as often as possible throughout the day.

HEALTH CARE SUPPORT
Health Aides provide daily care, including first aid and medication administration, ensuring campers are healthy and cared for during camp.

CAMP IS LOCATED AT:

YMCA Camp Casey
1276 Engle Road
Coupeville, WA 98239

YMCA CAMP CASEY

GETTING TO CAMP:

Families can drive to camp via the Deception Pass Bridge or by taking the Mukilteo or Port Townsend ferries and continuing by car to camp.

Transportation to and from camp is also available from the Everett Family YMCA.



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